# Research on the Reform of Music Teaching Model Based on Music Expression

#### Linfei Wang

Shangrao Preschool Education College, Shangrao, Jiangxi, 334000, China

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**Abstract:** The students' musical ability is mainly reflected in both musical expression and musical sensibility. The performance of musical expression in piano performance or vocal performance can make students' performance more connotation, including their own emotional color. Based on this, this thesis takes music expressiveness as the research object, analyzes the significance and connotation of cultivating music expressiveness, and expounds the corresponding teaching strategies from the aspects of improving basic quality and creating situation.

#### 1. Introduction

The rapid development of the economy and the enhancement of cultural exchanges between the international community, after people's material life is satisfied, they have a higher pursuit of the cultural spirit, and pay more attention to the perfect expression of musical expression in vocal performances or musical instruments. After incorporating the expressive power, it can attract the attention of the audience, express the works vividly, and make the audience feel immersive and reach the emotional resonance of the audience and the performer. This is also one of the key tasks of the current music teaching mode reform.

### 2. The Importance of Cultivating Musical Expression

Music expressiveness is the means to express the emotions in the works. With the musical expressive power of the performers, the emotions of the original authors are transmitted to the audience through the singing voice or the sound of the piano, so that the audience can understand the connotation. In the current music teaching, both teachers and students pay special attention to the development of musical expression. Teachers will ask students to focus on practicing pronunciation, how to sing the treble completely, or how to adjust the breathing during singing, how to play Highlight your musical expression. For students, scientific and reasonable performance is very important. This is the embodiment of students' basic literacy. If you only pay attention to some aspects of technical practice and neglect the cultivation of musical expression, then even in the performance, even if you perform Impassioned, the audience can't get any emotion from it. This is because students do not have musical expression during performance, or lack of expressiveness. When singing, they only recite the lyrics and copy the lyrics, but they cannot reflect the emotions from the works. Such performances lose their meaning. Therefore, music teaching is required to pay attention to the cultivation of musical expression, and to ensure that students can display the works in all aspects [1].

#### 3. The Connotation of Musical Expression

The connotation of musical expression mainly includes the following points: (1) the imagination. Based on the role of imagination, people can understand the emotional content of the songs, and require learners to improve their imagination and creative thinking while learning music skills. This is the key to the emotional resonance of the audience. Music teaching should pay attention to the cultivation of Xu Sheng's imagination, attract students' interest in learning, and thus achieve the emotional transmission of all parties.(2) The performance of emotions. Whether it is playing a song or singing a song, it can be understood as the exertion of emotions, and the inner emotions of the

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creators are conveyed through the tracks, so as to achieve the spiritual communication with the listeners.(3) The generation of resonance. Under the influence of resonance, people can realize emotional communication through works, and creators, performers, and listeners can deeply perceive works in resonance, and feel the art and charm from music. The expressive power of the performer is a deep understanding of the work. Not only that, the performers pursue the texture of the performance, hoping that they can accurately convey the style of the original creator, and thus will be more emotional expression works [2].

#### 4. Research on the Reform of Music Teaching Model Based on Music Expression

#### 4.1. Improve the basic quality of students

Students' understanding of the work will directly affect the emotional drive. Teachers are advised to strengthen the introduction of the background of the work and the stories in the teaching process, so that the students can understand the creator's state of mind and clarify their creative motives, thus achieving the connection with the background of the times. Only when students understand the repertoire will they be full of emotions in the performance, let their emotions blend into them, and cause emotional resonance. For example, when teachers are teaching piano, in order to enhance students' ability to interpret the content of the work, teachers are required to carry out teaching design from multiple angles. Guide students to study the notes, rhythms and expression marks in the scores, infiltrate all the symbols into the connotation expression of the works, and find the style of the works with a targeted eye. Based on this, the meaning of the works is interpreted and the perception is enlightened. Different works have specific emotional expressions, and they have deep perceptions of the author's emotions during performances, and such performances are more appealing. Students can not easily learn from the performance skills, but must grasp the whole work and enhance the students' musical rationality by cultivating music expression. Mastering the skills of playing is only to let the students skillfully play, but can not accurately express the connotation of the work. It is recommended that the teacher guide the students to understand the works from multiple angles, thus producing complete musical expression [3].

Teachers are required to follow the teaching principles of teaching students in accordance with their aptitude and respect individual differences among students. Different students have different understandings of the works, and the emotions expressed during the performances will be different. It is recommended that the teachers guide the students to perceive the content of the works with their hearts, strengthen the in-depth analysis of the works, emphasize the pitch, and enhance the students through auditory training. The ability to hear, and thus more directly feel the connotation of the work. In terms of music learning skills, teachers should draw close contact with their students, actively engage in interactive teaching, and guide students through question-and-answer, so that students' questions can be answered in time, thus creating a complete knowledge structure and improving music performance. At the same time, the ability to improve innovative thinking, so that students' understanding ability can be cultivated.

#### 4.2. Create a drill situation and cultivate students' musical spirituality

Music learning requires a long and complicated process. Students have obvious individual differences in learning foundation and music comprehension. How to cultivate music expression in the shortest time requires teachers to optimize teaching design and strengthen the reform of music teaching. Teachers are advised to create a reasonable exercise situation for students, to guide students into this situation, through the teacher's demonstration exercises, video playback of multimedia equipment, visual display of individual students, to bring psychological impact to all students, and then stimulate their learning complex. To cultivate the expressiveness of music, teachers can start from the following aspects: (1) In music teaching, enlighten students to understand the meaning of the work, understand the sound of the work, and aim to play the musical characteristics. During the performance, I pay attention to the inner singing, familiarize me with the melody and carry out emotional brewing, so that the emotions of the performance are in place.(2)

Cultivate students' keen hearing and guide students to realize that music is the art of sound. Only by expressing its connotation and author's emotions can one's ear receive more information and distinguish the meaning of this information. Teachers are recommended to recommend more famous songs and performances for students, so that students can accept the baptism of music, relax their mood, reduce the pressure on learning, and cultivate their sentiments and enhance their musical expression. In this process, students will also feel awe of the works. Teachers should grasp the students' psychology, help students improve their performance methods, guide students to highlight their personal styles in performances, and generate different experiences through continuous exploration. Highly cognitive.

### 4.3. Reproduce the author's emotions and cultivate students' musical comprehension

Many students believe that their own performances are not only to please the audience, but also to reproduce the creator's emotions. In the music teaching reform, teachers need to infiltrate different ways of learning, so that students can master the playing skills, enhance their expression ability, and express the creator's emotions through their own singing voice and instruments in their hands. Teachers should conduct teaching scheduling from multiple angles, organize students to conduct collective research on works, and proceed from the emotional elements of the works, analyze the author's emotions when creating the works, and grasp the author's emotional trend. Because of the collective discussion, everyone's wisdom will be concentrated, and this kind of teaching effect will be even more. In addition, the development of students' musical expression is not achieved overnight. Students should be regularly involved in music training and enhance their musical expression in frequent contacts. In a class, there are differences between different students' performance foundations and performance perceptions. This is a question that teachers must pay attention to, and provides corresponding training opportunities for different students. Students who have weak singing ability encourage him to sing, and students with weak piano performance encourage him to play. The students of both sides work together, supervise each other, give encouragement to each other, cultivate a tacit understanding of performance, and learn from them through performance practice.

## 4.4. Enrich the training form and cultivate students' musical personality

Music learning is a gradual process. During training, teachers need to clarify the stratified teaching consciousness, develop different levels of instructional design for different students, and give students a rich musical perception experience. In order to cultivate students' musical expression, teachers need to teach students different skills and methods, guide students to apply them in practice, make the creators and students' emotions compatible, and bring students a new music experience. It is suggested that training should be linked to the reality of life, so that students can perceive the true meaning of music from their lives. This is also the goal of music teaching reform.

The development of musical expression should be guided by students in terms of skills and methods. Taking piano performance teaching as an example, in indoor teaching, teachers should guide students to perform double piano, four-handed bullets, or piano and other musical instrument rehearsals to enable students to gain more perceptual experience. The participation of multi-voices helps students to better understand the content of the works. By virtue of the unique characteristics of piano performance, through the ensemble with other instruments, the students' imagination can be stimulated, and the different timbres and parts can be imagined to form music cognition. This is very helpful for the development of musical expression. In the design of piano training, teachers are advised to apply computer technology, multimedia technology and network information technology reasonably, and use the form of flipping classroom and micro-course video to carry out teaching practice, providing students with the opportunity of extracurricular training, allowing students to freely study after school hours. Students can use the online platform to communicate, discuss through WeChat, qq and other interactive platforms, recommend their favorite works to each other, introduce the creative background of others, and help more students to gain music learning accumulation. In music teaching, how to help students overcome psychological and abilities

obstacles, cultivate students' musical expression, and make students confidently perform repertoires. This is the goal of teachers' continuous music teaching reform, requiring teachers to continuously explore and create learning conditions for students. Students' musical expression awareness.

#### 5. Conclusion

In short, music teaching reform should not only pay attention to students' academic achievements, but also pay attention to the cultivation of students' musical expression. This is an important goal of teaching reform. As a music teacher, we should maintain a sense of innovation, respect individual differences of students, emphasize the basics and basic qualities of students, create appropriate learning situations for students, guide them to understand the connotation of works, enhance music comprehension, and form musical personality.

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